

## Job Opportunity

**“Opportunities don’t happen, you create them”- Chris Grosser**

The job opportunities page of the ISLM is a bridge connecting professionals seeking career opportunities in lifestyle medicine and related domains and organisations/hospitals seeking candidates for various career opportunities. Job seekers may visit this page periodically to look for career opportunities and apply for jobs that they are interested in or suitable for their qualification.

ISLM posts employment opportunities based on information provided solely by the employer. ISLM will not be in a position to perform a complete background check of the integrity of the employer. The candidates applying for jobs must exercise due diligence while applying for the positions posted in the webpage. ISLM will not post jobs that discriminate against gender, race or religion. ISLM reserves the right to refuse job opportunities that do not align with the core principles of lifestyle medicine.

**Job title: Health Coach**

**Location: Bengaluru, India • Full-time**

**Employer: Recoup Hospital Pvt Ltd**

### **Key Responsibilities:**

- Taking a thorough medical history from the patient, especially according to lifestyle medicine approaches.
- Completing documentation of patient medical records, including questionnaires, prior investigations, clinical photos, videos and other relevant outcome measures during treatment.
- Educating and counseling patients and their families, including lifestyle changes, through handouts and other media.
- Conducting or participating in outreach programs, making house calls, and visiting other clinics and nursing homes to treat patients.
- Reviewing and maintaining patients' medical histories and records and recording patients' progress.
- Researching the latest treatments, innovations, advances, and trends in the medical industry, especially related to functional and lifestyle medicine.
- Coordinating with the research team to collect data for research studies and participating in the research studies.
- Participating in in-house professional training programs.

### **Qualifications:**

- A bachelor’s degree in Nutrition, Psychology, Nursing, Physiotherapy, Occupational Therapy, Health Promotion, Health Education, Dentistry, Ayurveda, Homeopathy or a health-related field.
- Registration in the relevant professional council in India (as applicable).
- Certification in Health Coaching from a reputed organization.
- Certification in Lifestyle Medicine from a reputed organization is preferable.
- A high level of proficiency in counseling regarding nutrition, physical activity, sleep hygiene, smoking cessation, relationships and stress management.
- Training in Motivational Interviewing or other behavioral approaches.
- Clinical work experience of at least one year is preferred.
- Willingness to complete 100 hours of continuing education every two years.
- Strong analytical and technical skills.
- Detail-oriented with good problem-solving skills.
- Excellent team working, communication, and interpersonal skills.
- Fluency in spoken and written English. Working knowledge of several Indian languages is preferable, especially Hindi and Kannada.
- The ability to treat patients with compassion and empathy.
- Computer literacy and proficiency in MS Office.

**For further details please look into <https://www.recoup.health/health-coach>**